PORTALES MUNICIPAL SCHOOLS PRE-K THRU 6TH GRADE Choice of Fat Free Chocolate (30g), Fat Free Strawberry (30g), or 1% White Milk (13g)

DECEMBER 2022

SALAD AND	FRUIT BARS OFFERED AT ALL SITES BUT BR	OWN 11/14/22	MENU SUBJECT TO CHANGE DUE TO A	VAILABILITY
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
FREE	BREAKFAST	AND	Egg & Cheese English Muffin, Banana, Juice	2BREAKFAST Pizza, Apple Crisps, JuiceLUNCH
LUNCH	FOR ALL	STUDENTS	Popcorn Chicken, Mashed Potato, Cucumbers, Gravy, Roll, Pears	Hot Dog, Fries, Broccoli, Mixed Fruit
5 EARLY RELEASEBREAKFAST	6 ~~BREAKFAST~~	7 ~~BREAKFAST~~	8 ~~BREAKFAST~~	9 ~~BREAKFAST~~
Cheese Filled Bread Stick, Fruit Cup, Juice	Cake Donut, Applesauce, Juice	Mini Muffin, Egg Bites, Sliced Apples, Juice	Eggstravaganza Burrito, Banana, Juice	Pancake Bites, MixZees Dried Fruit, Juice
~~LUNCH~~	~~LUNCH~~	~~LUNCH~~	~~LUNCH~~	~~LUNCH~~
Chicken Sandwich, Fries, Broccoli, Mixed Fruit	Pizzaboli Bites, Cucumbers, Carrots, Peaches	Cheeseburger, Baked Beans, Lettuce & Tomato, Fresh Fruit	Steakfingers, Mashed Potato, Gravy, Broccoli, Roll, Pears	Drumsticks , Macaroni & Cheese, Green Beans, Carrots, Applesauce
12 ~~BREAKFAST~~	13 ~~BREAKFAST~~	14 ~~BREAKFAST~~	15 ~~BREAKFAST~~	16 ~~BREAKFAST~~
Benefit Bar, Fruit Cups, Juice	Pancake on a Stick, Applesauce, Juice	Cream Cheese Bagel, Sliced Apples, Juice	Cook's Choice	Cook's choice
~~LUNCH~~	~~LUNCH~~	~~LUNCH~~	~~LUNCH~~	~~LUNCH~~
Beef & Cheese Nachos, Pinto Beans, Carrots, Pears	BBQ Sandwich, Fries, Broccoli, Mixed Fruit	French Bread Pepperoni Pizza, Green Beans, Fresh Fruit	Cook's Choice	Cook's Choice
19 Wings	No No	21 6 Merry Christmas	Winter	23
ZingerDag.com	School		Break	
Winter	Brine the	on	No No	30
Break	NEW	EAR!	School	